EVERY STEP MATTERS



THANK YOU TO OUR SPONSORS:



walk



Long Island 2014

REGISTER TODAY

walkMSlongisland.org 1.631.864.8337



BE INSPIRED.
GET CONNECTED. WALK MS.

WALK TO CREATE A WORLD FREE OF MS



Walk MS connects people living with MS and those who care about them. It is an experience unlike any other — a day to come together, to celebrate the progress we've made and to show the power of our connections.

WALK MS: LOCATIONS

SUNDAY, MAY 4, 2014

Babylon, NY - Belmont Lake State Park Walk begins at 10 a.m. Pooch Parade at 10:30 a.m.

SATURDAY, MAY 17, 2014

Wantagh, NY - Jones Beach, State Park , Field 5 Walk begins at 10 a.m.

New this year: 5K Fun Run begins at 8 a.m.

Dogs are welcome at Belmont Lake State Park. Pets are not permitted at Jones Beach State Park.

REGISTER & START FUNDRAISING TODAY

When you participate in Walk MS, the funds you raise give hope to more than 42,000 people affected by MS in our community. The dollars raised support critical MS research and programs and services for people living with MS.

REGISTER OR VOLUNTEER TODAY

walkMSlongisland.org 1.631.864.8337

A WORLD FREE OF MS

Early and ongoing treatment with FDA-approved therapy can make a difference for people with multiple sclerosis. Learn about your options by talking to your healthcare professional and contacting the National MS Society at nationalMSsociety.org or 1.800.344.4867.

